



The Informer

RETIRED EMPLOYEES ASSOCIATION OF ORANGE COUNTY, INC.

REAO Luncheon

Wednesday, March 15, 2023

Our new venue at the Elks Lodge located at 1751 S. Lyon Street, Santa Ana, CA 92705 was a hit for the January 25, 2023 luncheon! We had about 130 retirees who attended and enjoyed the new venue and delicious food that was served. The feedback we received was very encouraging and welcomed by the REAO Board.

For the March 15, 2023 luncheon, the Elks will be serving chicken marsala with rice pilaf, vegetables, a salad, rolls and red velvet cake for dessert. As at our past luncheon, a coffee, tea and ice water self-serve station will be available for all.

As a reminder, the Elks Lodge is right next to the OC Credit Union building on St. Andrews Place. We are so excited about this new facility and hope you will also like the new venue, great food and service. Please come enjoy fun conversations, a delectable lunch and receive important updates from the REAO Board of Directors.

You won't want to miss all the festivities. You could win one of several door prizes, a table centerpiece or the Progressive Drawing in the amount of \$200. You must be present to win!

Reserve your place by calling or

CONTINUED ON PAGE 6

Presidents' Message

From the Desks of Linda Robinson and Doug Storm

Spring 2023 is scheduled to arrive Monday, March 20th. Daylight savings time begins March 12th with ever-increasing hours of daylight allowing us to enjoy additional outside and indoor activities. To more fully appreciate the new season, we can focus our attention on the renewal and transformations happening right before our eyes.

Nature's variations are immeasurable. Seize the day and enjoy the season, retirees and associates. Springtime awaits with new adventures to experience, retirements to enjoy and challenges to tackle.

This new year will be a time of change and activity on many fronts. While Mother Nature is busy refreshing the scenery around us, the political landscape is in process of adjustment. Opinions do vary. Some think adjustments will be for the better—some think adjustments will be for the worse. Time will tell. Regardless, brace yourself for what could prove to be another wild, divisive political roller-coaster ride. Whatever your political leanings, please attempt to remain calm, sensible and well-informed. For personal well-being and resilience perhaps consider a New Year's Resolution to be all three. Balanced physical, emotional and mental health are essential to our



well-being and years we spend in retirement. May those years be long and prosperous for each of us!!

RETIREE MEDICAL UPDATE

Retiree medical continues to be a primary focus for your REAO Board of Directors. On December 20, 2022, the Board of Supervisors voted to approve a restructuring of the Retiree Medical Grant for ACTIVE employees. The County has assured us current retirees WILL NOT be affected by the new changes with one noted exception. Beginning January 1, 2024 pre-65 retirees will join the County's active employees' insurance pool. This can result in cost savings of health coverage for retirees enrolled in County-offered health plans who are pre-65 and not eligible for Medicare. Further information will be provided as specifics become available.

2023 COST OF LIVING ADJUSTMENT

This issue of *The Informer* went to print prior to the OCERS Board of Retirement's adoption of the 2023 Cost of Living Adjustment (COLA).

CONTINUED ON PAGE 2

2023 Keith Concannon Scholarships

As a reminder, there is still time to ask for an electronic scholarship application. If you have not already done so, scholarship applications and the instructional packets with the requirements may be requested by sending an email to reaoc@reaoc.org or by calling the REAOC office at (714) 840-3995.

The completed applications, including the response to the essay question and certification must be electronically submitted to REAOC by April 1, 2023. The official high school or college transcript and reference letter must be mailed separately with a postmark no later than April 1, 2023. The application instructions in the packet should be thoroughly reviewed so that all of the requirements are met. An applicant cannot

be considered for the scholarship award if all of the required items are not present in their submittal.

We would also like to welcome Frank Eley as the new Chair of our Scholarship Committee. As always, we know Frank will be an excellent Chair and will lead the committee to find the most exceptional students to be granted the Keith Concannon Scholarships. If you are interested in serving on this Scholarship Committee, please contact the REAOC office for more information. Please encourage your family members to apply for a 2023 scholarship grant! If you have any questions regarding the scholarship applications or the deadlines, please contact the REAOC office at the above number.

Presidents' Message

CONTINUED FROM PAGE 1

An exact percentage increase was not available. Once the amount of COLA is adopted, OCERS will adjust monthly benefits by a maximum of 3% and record any percentage in excess of 3% in our COLA banks. The OCERS Board will consider action on February 21st. We will update you via email and the REAOC website at www.reaoc.org when the Board of Retirement takes action. When adopted, the COLA and STAR COLA increases will be included on May 1 pension checks. If REAOC does not have a current email address for you, please email OR call the REAOC office at (714) 840-3995 to be placed on the REAOC email distribution list.

DÉJÀ VU FROM 2022

Today's political and economic

environment can present distressing difficulties for our country and retirees. Inflation and healthcare issues/costs, coupled with divisive, national politics, and challenging world events are concerns for all of us. The importance of staying informed and united in today's world of politics and special interests is crucial and cannot be understated. Every member of your REAOC Board of Directors thanks you for your membership, participation and commitment to this organization—YOUR organization.

Be well, be safe and remain united, Retirees and Associates. HAPPY SPRINGTIME!!

– Linda Robinson and Doug Storm

REAOC

P.O. Box 11787
Santa Ana, CA 92711-1787
Phone: 714-840-3995
Website: www.reaoc.org
Email: reaoc@reaoc.org

OFFICERS

Linda Robinson	Co President
Doug Storm	Co President
Vacant	Secretary
Bill Castro	Treasurer

DIRECTORS

Tom Cooney
Frank Eley
Gaylan Harris
Roger Hilton
John Iagjian
Larry Leaman
Sara Ruckle-Harms
Michael Schumacher

APPOINTED STAFF

Ilene Bárcenas	Executive Director
John Iagjian	Membership Committee
Ilene Bárcenas	<i>The Informer</i> Editor
Vacant	Luncheon Committee
Norma Roberts	Board Watch
Linda Robinson	CRCEA Delegate
Michael Schumacher	Legislation
Frank Eley	Scholarship Committee

The Informer is published 5 times a year. Readers are encouraged to write *The Informer* expressing their views and comments on the subjects of interest to them.

The mission of REAOC is to promote and maintain fellowship and camaraderie of OCERS retirees and their spouses by sponsoring social and recreational activities and by maintaining contacts via the newsletter, the REAOC website, email, or other means of communication. A secondary purpose is tracking and dissemination of information relating to pension and legislative actions, financial matters, physical and mental health care, volunteer and employment opportunities and other concerns that may be of interest to our members.

OCERS retirees and their spouses are eligible for regular association membership. Dues are \$3.00 per month, payable through payroll deduction. Active employees, who will receive their retirement through OCERS, are eligible for Associate Membership. Dues for associate members are \$1.00 per month payable for the year each January.

Luncheons are held at Mile Square Golf Course in Fountain Valley on the fourth Wednesday of January, March, May and September, and on the first Wednesday of December. A local chapter of REAOC is active in Hemet.

OCERS Chief Investment Officer Molly A. Murphy Honored January 17, 2023



The *CIO* Editorial Staff announced the list of the world's top Chief Investment Officers whose ranks include investment professionals from across the United States, as well as Canada, Europe, Asia, New Zealand and Australia. OCERS CIO Molly A. Murphy has been named on *Chief Investment Officer* (CIO) magazine's "2022 Power 100" list.

Ms. Murphy joined the Orange County Employees Retirement System ("OCERS") as the CIO on June 23, 2017. During her tenure, OCERS' investment portfolio has grown from approximately \$14.5 bil-

lion (as of June 30, 2017) to \$19.9 billion (as of September 30, 2022). At the end of 2022, the funds have grown to over \$20 billion.

Ms. Murphy is a Chartered Financial Analyst holder and earned an MBA from Xavier University with a concentration in Finance. Additionally, she earned a Bachelor of Science degree from Miami University in Oxford, Ohio, majoring in Finance and earning her Minor in Decision Sciences.

REAOC would like to congratulate Ms. Murphy and OCERS on this well deserved accolade!

How much will the Social Security COLA amount be for 2023 and when will I receive it?

The **Social Security Administration** has provided the following on their website - [FAQ Home](#) [FAQ | SSA](#). This is topic [KA-01951](#).

Social Security benefits and Supplemental Security Income (SSI) payments will increase by 8.7% in 2023. This is the annual cost-of-living adjustment (COLA) required by law.

The increase will begin with benefits that Social Security beneficiaries receive in January 2023. Increased SSI payments will begin on

December 30, 2022.

The Social Security Administration will mail COLA notices throughout the entire month of December. However, you may not need to wait for your mailed notice to learn your new benefit amount for 2023. COLA notices are available online in early December, to most beneficiaries through the Message Center of their

personal my Social Security account if they created their account by November 15, 2022.

For more information go to:

- COLA Fact Sheet (Social Security Changes - COLA Fact Sheet ([ssa.gov](#)) Adjustment ([ssa.gov](#)))
- Cost-of-Living Adjustment (COLA) Information for 2023.

When Your Contact Information Changes

If you move, get a new or change your email address or telephone or if you have a name change, there are actions that are necessary so that you continue to receive your benefits, newsletters, emails, etc.

If any of the above pertains to you, you need to notify REAOC, the Orange County Employees'

Retirement System (OCERS) and the County of Orange Employee Benefits Center with the new information.

To contact REAOC: call (714) 840-3995 or go to reaoc@reaoc.org to email the new/changed information.

To contact OCERS: call (714) 558-6200 or go to <https://www.ocers.org> to go to their website

and sign into "MyOCERS" to update your information.

To contact the County of Orange Employee Benefits Services Center: call (833) 476-2347 or to go to the benefits website by contacting My OC Benefits™ directly at: mybenefits.ocgov.com.

The #1 Exercise to Do as You Get Older

If you only have time for one exercise, fitness experts say, do this one!

by Michelle Crouch, AARP, December 27, 2022

As you age, you naturally lose muscle mass, so it's important to strength train to stay strong. Ideally, you should work all of the major muscle groups in your upper and lower body at least twice a week.

But if you have time for only one exercise, you'll get the most bang for your buck by doing a set of squats, experts say.

"The squat is the most important exercise for seniors," says Eric Daw, a personal trainer dedicated to older adults and founder of Omni-Fitt in Toronto, Canada. "When you have to go to the washroom, that's a squat. When you get in the car, that's a squat. Every time you sit down or stand up, that's a squat. If you don't do them well, it affects the way you live."

Squats strengthen all of the muscle groups in your legs, including your calves, quadriceps, hamstrings and glutes, as well as muscles in your lower back and core. Those muscles provide the foundation for most activities of daily living, such as getting off the toilet, climbing a set of stairs and simply standing up from a chair.

Squats can also help protect your joints **improve your balance** and prevent falls, says Denise Austin, health and fitness expert and creator of *DeniseAustin.com*. Research shows a link between strong leg muscles and longevity.

One study that followed healthy adults 70 and older for more than six years found that those who had greater quadriceps strength had a



lower risk of early death. Another study revealed that your ability to sit on the floor and then get up without using your hands or knees could predict mortality.

To read the full article and see demonstrations of this exercise, please see: www.aarp.org/health/healthy-living/info-2022/squats-best-exercise-for-strength.html.

In Memoriam

We extend our deepest sympathy to the families and loved ones of those who meant so much to so many.

December 2022 – January 2023

Darlene Bair, Child Support Services
Denise Bundy, OCSD
Lisa Campbell, HCA
Pasquale Camposasso, OCSD
Paul Chikamori, Child Support Services
Laurie Crabtree, Probation
Ruth Davis, Child Support Services
Cheryl Destro, HCA
Frederick Donahue
Harry Duncan, Child Support Services
Charles Eastman, OCSD
Moisette Elliott, OCCR
Thomas Ellis, OCWR
Escolastica, UCI
John Gier, District Attorney
John Goerger, OCSD

Olga Gutierrez, HCA
Catherine Hanzick, SSA
Jodie Harris, Child Support Services
Lillian Hart, Child Support Services
Margaret D. Jones, HCA
Mathias Kaiser, Child Support Services
Harriett Kaufman-Collett, HCA
Ann Kelly, Dept. of Education
Sidney Kirk, Sanitation District
Theresa Coad Krutsinger, HCA
Stella Lane
Craig Lauder, OCTA
Thong Le, OCPW
Merrilyn Litsey, County Clerk/Recorder
Gordon Mills, OCSD
Luis Pereira, SSA
Victor Ramos, OCTA
Maria Theresa Ramsey
Eduardo Rendon, Probation
Bernardo Reyes, OCTA
Ray Scarpin, Child Support Services

Sylvia Scharf, Child Support Services
Belva Stafford, OCSD
William Steiner, CEO/BOS
Sarah Swanson, SSA
Marjorie Utka, Probation
Sandra Vandenbroeck, DA
Rodrigo Villalon, OCSD
Dale Virus, Child Support Services
Dorothy Walstedt, Child Support Services
Kenneth Weigand, District Attorney
Donald Woods, OCPW
Elina Yoseloff, Child Support Services

Surviving Spouses

Carolyn Cline
James Early
Charlotte Lucas
Audrey Oxandaboure
Maria Ramsey
Geraldine Walker

Home / Aging, Health, and Care: What You Need to Know

This article is posted on from the National Committee to Preserve Social Security & Medicare website. The full article and links to the various topics may be found on the Internet at: www.ncpssm.org/aging-health-and-care-what-you-need-to-know/ - NCPSSM.



This is a challenging time to grow old in America. Older adults face questions regarding all of the topics listed below. Fortunately, there are resources for older Americans (and their families). Scroll down to find these topics and learn about the resources for coping and caring—not only for your aging family members, but for yourself as a caregiver. For each of the topics listed below, the interent address listed above will lead you to the specific resource that is available for each topic covered in the article.

CAREGIVING

Chances are that you—or someone you know—are currently caring for an older family member. One in three Americans provides long-term care for elderly loved ones. It also can be physically, emotionally, and financially overwhelming. This section includes information to help you find resources for coping and caring.

DENTAL CARE

Good dental care is crucial to good health. Traditional Medicare does not cover basic dental services, although some in Congress are trying to change that. Some Medicare Advantage plans do but may have other limitations and drawbacks. How can you access dental care even

if you don't currently have dental insurance? Check out the resources in the full article.

HEARING CARE

Approximately 30% of adults over age 65 have some degree of age-related hearing loss. Untreated hearing loss in older people can lead to earlier onset of dementia, balance problems and falls and social isolation. What options are available to help pay for essential hearing care?

LONG-TERM CARE

One in three Americans over 65 will need some type of long-term care as they age. Medicaid covers skilled nursing care for impoverished seniors. But there is no federal long-term care insurance for all seniors, and private plans are hard to find and afford. This section offers timely coverage of this issue from writers and policy experts around the country who are calling attention to the critical need.

MEDICAID (KNOWN IN CALIFORNIA AS MEDI-CAL)

You may know Medicaid as a health insurance program for low-income Americans, but it helps middle class families, too. Did you know that Medicaid also covers skilled nursing care for millions of seniors? In fact, Medicaid pays for more than 40% of Americans long-term care services and supports. By reading the full article, you can learn more about Medicaid coverage, eligibility, and the expansion of the program under the Affordable Care Act.

MEDICARE

If you are one of the more than 60 million Americans enrolled in

Medicare, you know how crucial the program is for seniors' health and well-being. In this section, you'll find helpful information on topics like enrollment, premiums, supplementary Medigap insurance, and choosing the right Medicare plan.

MEDICARE ADVANTAGE

While Medicare Advantage (MA) can be a reasonable choice if you are a younger, healthier senior, it can be problematic for older patients with chronic or severe health issues. Learn about the differences between MA and traditional Medicare.



MOBILITY/TRANSPORTATION

Many seniors no longer drive or have access to a car. Others require special accommodations (such as wheelchair lifts) to get around. An estimated 15 million seniors live in communities where public transit doesn't meet their needs. You will find resources on this page for seniors in need of transportation, advice about older people and driving, and news about what's being done on a national level to improve seniors' mobility.

NUTRITION

Good nutrition is key to seniors' health and well-being. The federal

CONTINUED ON PAGE 7

Welcome, New Members

Assessor: Jeffrey Lajkowicz, Mai Nguyen

CEO: Jenny Daniels

Child Support Services: Kassandra Muir, Tohue Nguyen, Lorna Vergara

City of San Juan Capistrano: Ziad Mazboudi, Khoon Tan, Karen Brust

County Counsel: Lori Torrisi

District Attorney: Lynda Borchese, Javier Godinez, Diana Jung, Diane Middleton, Edward Miller, Daniel Ruelas, Deborah Schach, Christopher Taylor

HCA: Jeffray Benedict, Lee Chaney, Susana Escobar, Sharon Gerstein, Cam Tu Ha, Tamara Halle, Blanca Hernandez, Mary Herzog, Gloria Horton, Nestor Mabeza, Jr., Lorraine Marquez, Howard Mayo, Shirley McDonald, Mary Mckee, Esther Morales, Lillian Natsue Morgan, Joann Neighbors, Kim Phan, Blake Pickering, Mary Rawlins, Santa Smith, Chongge Vang, Mary Kaye Washburn, Marie Woronowicz, Thomas Yee, Lori Funke, Kevin Nguyen

JWA: Richard Flores, Nicholas Summers

OCCR: Thomas Martinez, Leland Mc Cartney, Geraldine Scharff, Judith Sidnam, Kacey Kim, Fei Ching Lin

OC Fire Authority: Douglas Brickell, George Casario, Jonathan Dumitru, Mark Edmond, Elra Ellis, Joyce Ford, David Harper, Joseph Johnson, Laurence Mann, Jeffery Robbins, Ali Sargeant, Steve Hurdle

OCIT: Robert Berg

OC Public Works: Robert Acker, Kenneth Baer, Juan Del Rosario, Jeffrey Dickman, Marco Serna, Avelino Javier, Melvyn Mabeza, Safi Popal, Donald Ries

OC Sanitation District: Lina Hsiao, Mila Kleinbergs, Mike Berdis

OCSD: Christopher Ashway, Diane Camacho, Kevin Christensen, Keith Criscuolo, Larry De Los Reyes, Thomas Dickan, Kristin Frazee, Lily Johnson, Michael Lacey, Renato Lucero, Henry Molinar Jr., Paula Monical, Huong T. Nguyen, Guy Pepe, Paul Rodriguez, Kristine Garcia

OC Transportation District: John Catoe, Frank Dovie, Paul Gallego, Julie Kibbee, Gregory Llevanos, Martin Neal, Eunie

Saksa-Layton, Michael Schiewe, Gornam Singh, Laurena Weinert, William Williams

OC Vector District: Margaret Elliott

OC Waste & Recycling: Yau Hang Chan, Gail Green, Albert Pereira, Eli Esber

Probation: Maria Carmen Barreto, Peter Cozzitarto, Amber Drysol, Brenda Lane, Barbara Lee, Andrea Mahar, Edgar McKnight, Leah Perales, James Stephens, Khai Tu, Diane Valdez

Public Defender: Shelly Dante

Registrar of Voters: Norma Castillo

SSA: Ted Carrera, Julie Akau, Jocelyn Bellingier, Monique Benavides, Adelina Brito, Debbie Brown-Vasquez, Lidia Carmona, Kathryn Cortez, Elisa Dalton, Deanne Del Rosario, Nelly Ehrhart, Edith Hartzler, Judith Henneman, Lisa Hollingsworth, Patricia Laurent, Huyen Le, Luz Llamas, Marie Llevanos, Carol Jane Melvin, Martha Mercer, Dung Nguyen, Nina Nguyen, Tan Ouy, Richard Puls, Juan Reynoso, Martha Romero, Maria Santana, John Sayavong, Betty Smith, Jane Stephens, Laura Taylor, Peggy Vivirito, Josiane Givone-Konop, Cindy Stone, Catherine Kilgour, Magdalena Paz

Superior Court: Stephanie Klingaman, Donald Langdon, Karen Lee, Ferne Michaelson, Lisa Palmer, Suzan Perez, Leticia Raya, Joseph Salafia, Wendi Vallarino, OURT Narine Veniaminova

Not Stated: Alma Vesga, Laura Esquivel, Virgilio Fermin Jr., Barbara Fleischmann, Alicia Hoy, Mark Lottman, Victoria Oconnor, Wendy Perlin, Loan Anh Pham, Izabel Rivera, Martha Rosales, Kelly Singh, David Sundstrom, Geraldina Ulyate, Kathleen Raley, Miriam Angold

Surviving Spouse: Rosemarie Bank, John Dwyer, George Kyriakidis, Napoleon Valeriano, Nancy Worley

REAOC Luncheon

CONTINUED FROM PAGE 1

emailing the REAOC office or by sending the form found on Page 8. Your check must arrive at the REAOC office no later than Wednesday, March 8, 2023. Check-in starts at 11 a.m. and lunch is served at noon. We hope to see you there!!



Progressive Drawing

Anna Knight of Garden Grove would have won \$100 at the January 2023 luncheon because her name was drawn to win the Progressive Drawing. You must be present at the time of the drawing to win! See you on Wednesday, March 15, 2023 at the Santa Ana Elks Lodge when our next Progressive Drawing will be for \$200!

Thoughts To Ponder

He who keeps his mind on his work goes ahead; he who keeps work on his mind goes crazy.

Experience is not what happens to a man; it is what a man does with what happens to him.

Don't worry what you could do if you lived your life over; get busy with what's left.

When arguing with a fool, be sure he's not doing the same thing.

Recipe Corner

Chicken with Prunes and Sage

An easy and delicious pan-seared chicken recipe served with a sauce made from those delicious chicken tidbits that are full of flavor.

Prep Time: 15 min • Cook Time: 25 min
Total Time: 40 min • Yield: 4



Ingredients

4 boneless skinless chicken breasts, butterflied, about 6 oz each
2 tablespoons finely chopped fresh sage, divided
1/2 teaspoon salt
1/8 teaspoon black pepper
4 teaspoons olive oil, divided
2 cups thinly sliced onion (about 1 large)
1 cup low-sodium chicken broth
1/2 cup, chopped dried plums (prunes)
1-1/2 teaspoons balsamic vinegar
1 lb green beans, steamed
Couscous or rice, for serving*

Preparation

1. On a flat surface, butterfly the chicken breasts. Season them with salt and pepper on both sides.
2. In a large pan over medium-high heat, heat up 2 teaspoons of oil. Add chicken to the pan and cook, for about 4 minutes on the first side, flip, and cook for an additional 3 minutes, until chicken is no longer pink and is cooked to 165F. Remove chicken from the pan onto a plate and cover to keep warm.
3. Heat up remaining 2 teaspoons of oil in the pan and add onions. Cook stirring often, until they are soft and golden, for about 3-4 minutes. Stir in broth, bring to a boil and scrape the chicken tidbits from the pan. Add plums, sage, and balsamic vinegar. Cook for an additional 4 minutes, until the mixture thickens.
4. Plate chicken with the onions and spoon sauce from the pan on top of the chicken. Serve with steamed green beans on the side.*Make this a full meal by cooking rice or couscous.

Nutrition

Serving Size: 1; calories 326; sugar 9.5 g; sodium 395.8 mg; fat 8.8 g; saturated fat 1.7 g; trans fat 0 g; carbohydrates 19.5 g; fiber 5.2 g; protein 42.7 g; cholesterol 124.1 mg

Recipe by Laura Fuentes

<https://www.laurafuentes.com/chicken-with-prunes-and-sage/>

Home / Aging

CONTINUED FROM PAGE 5

government funds programs under the Older Americans Act to provide seniors with hot, nutritious meals. Find out what other nutrition support programs are available and what's being done to improve the outlook for healthy eating in the older population.



PRESCRIPTION DRUGS

If you're among the 50% of Americans who take prescription drugs on a regular basis, you know that medications can be expensive. You may be covered under the Medicare Part D prescription drug program, but still face significant out-of-pocket costs. Find answers to some frequently asked questions about coverage—and saving money on prescription drugs.



VISION CARE

The risk of serious vision problems increases with age, especially for people over 65. But traditional Medicare does not cover basic vision care. We are tracking down resources to help you obtain affordable vision care.

PHOTOS BY FREEPIK

**Luncheon Reservations
Due Wednesday,
March 8, 2023**

Print Name: _____

New/Changed Email Address: _____

of lunches at \$17.00 each: _____

of Vegetarian lunches: _____

Enclosed is my check for \$ _____

Please make your check payable to
REAOC and mail to: REAOC, P.O. Box
11787, Santa Ana, CA 92711-1787

Check-in begins at 11:00 a.m. and lunch
is served at noon.

PLEASE CAR-POOL!



PHOTO BY POLINA KOVALEVA / PEXELS.COM

Dated Material – Please Deliver Immediately

Home Aging, Health and Care
#1 Exercise to do as you Get Older
Molly Murphy, OCERS CFO, Award
Social Security COLA Information
Scholarship Update
REAOC Luncheon
Presidents' Message

INSIDE THE INFORMER

RETIREED EMPLOYEES ASSOCIATION OF ORANGE COUNTY, INC.
P.O. Box 11787, Santa Ana, CA 92711-1787

The Informer

Presorted
First Class Mail
U.S. Postage
PAID
Torrance, CA
Permit No. 1